



# BIRLA SHIKSHA KENDRA

Madhav Nagar, Chittorgarh, Rajasthan

CBSE Affiliated School

**January to March 2026**

A COMMUNITY WITH HIGH ACHIEVEMENTS –  
LIFELONG LEARNERS, RESPONSIBLE GLOBAL  
CITIZENS & CHAMPIONS OF SUCCESS

**ACADEMIC SESSION 2026**

CONSISTENCY IN EFFORTS TURNS DREAMS INTO ACHIEVEMENTS

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**\* Education is our passport to the future,  
For tomorrow belongs to those who prepare for it today.\***

**CELEBRATIONS**

# BASANT PANCHAMI



“The power of knowledge is in all of us. May goddess Saraswati illuminate the glow and strive for more knowledge within us forever.”

Vasant Panchami, also rendered Basant Panchami and Saraswati Puja in honor of the Hindu goddess Saraswati, is a Hindu festival that marks the preparation for the arrival of spring. It is celebrated on the fifth day (Panchami) in the bright fortnight (Shukla Paksha) of the month of Magha between January and February every year of the Hindu lunar year.

Our school also observed it with zeal and fervour. Along with the lightening of the lamp, Goddess Saraswati was revered through songs and dance. In order to procure wisdom and intelligence, students took blessings from the Goddess by showering flowers on the idol.

# REPUBLIC DAY



Republic Day is a celebration of India's democracy, unity, and strength, filled with patriotism, cultural pride and national honour. Our school marked 26 January 2026 as the Republic Day wherein the Unit Head, in the presence of Principal Madam, hoisted the National Flag followed by the National Anthem. After it, a spectacular parade was held wherein the students of all the four houses did march past showcasing themselves as responsible citizens of the country. Later on, students of all classes performed songs and dances based on the theme of patriotism.



# ROAD SAFETY PROGRAMME



On 27 January 2026, the school organized a Road Safety Awareness Program to enlighten students about the prominence of road safety. The program focused on following traffic rules, implementing safe road practices and preventing ourselves from being prone to accidents. Students were guided for the use of helmets, seat belts and traffic signals through verbal and visual presentations. The programme was informative and assisted students to comprehend their role as responsible road users.



# FAREWELL OF CLASS XII



“Goodbyes are not forever, they are just a pause before we meet again.”

On 30 January 2026 the entire staff of BSK bid farewell to class XII students. The teachers as well as students conveyed their classroom experiences, sentiments and instincts for each other in the form of poetry, speech and debates. The entire atmosphere of the programme was really heartfelt and thrilling. All the teachers teaching class XII wished them good luck for their flourishing and thriving future. It seemed like the attachment of students with the school was too intimate to be shattered easily. Throughout the session, the students displayed their stout fidelity and yearning to adhere to the school system.



# FAREWELL OF CLASS XII



# **PAINTING COMPETITION**

Rajasthan Govt and Provincial Traffic and Road Safety Department, Chittorgarh had organised Painting Competition during National Road Safety Month. The competition was held in Birla Shiksha Kendra, wherein students with artistic bent of mind , participated at varied levels and were applauded with certificates duly signed by the District Collector, the Police Superintendent and Provincial Traffic Officer. The list of awardees is as follows:

1. In the category of grades 3 to 5, Purvansh Khoiwal of grade 4 B secured first position and Nityansh Agrawal of grade 3 A secured second position.
2. In the category of grades 6 to 8, Prerak Panwar of grade 7 A secured first position and Pranjal Soni of grade 8 C secured second position.
3. In the category of grades 9 to 12, Mahi Porwal of grade 9 C secured first position and Komal Kanwar of grade 9 B secured second position.

# PRIZE DISTRIBUTION CEREMONY

The Prize Distribution Ceremony for co-curricular activities for the Pre-Primary classes, was organised on 7 February 2026 in the school premise with zeal and fervour. The event was executed triumphantly, rejoicing the achievements and enthusiastic participation of the young learners.

The students were applauded and rewarded for their outstanding contribution in diverse activities, which boosted their confidence and encouraged them to continue striving for excellence.

The school extends its heartfelt congratulations to all the students and expresses sincere gratitude to the teachers and staff for their dedication and cooperation in making the programme a grand victory.



# PICNIC FOR JUNIOR CLASSES



The picnic for Classes I and II was organised on 7 February 2026 within the serene and soothing surrounding of the temple located in the school premises. The young students, filled with exhilaration and ecstasy, eagerly looked forward to this delightful outing. The atmosphere was vibrant and festive as the children participated wholeheartedly in a variety of engaging activities, including fun-filled games, melodious singing and entertaining storytelling sessions.

The students relished the delicious refreshment provided, sharing laughter and joy with their friends and teachers. The teachers, with great care and attentiveness, ensured the safety, comfort and well-being of every child throughout the programme. The entire environment echoed with elation, innocence and the spirit of togetherness. This picnic not only served as a refreshing and rejuvenating break from the daily academic routine but also fostered a sense of bonding, cooperation and camaraderie among the students. Overall, the event turned out to be an immensely enjoyable, memorable and enriching experience for all.

# CBSE BOARD CLASS X AND XII EXAM



The commencement of the Central Board of Secondary Education (CBSE) Class X Board Examination on 17 February 2026 and of Class XII on 18 February 2026 was marked with a sense of seriousness and anticipation in the school. The examinations began in the month of February, with students appearing for their first paper as per the schedule issued by the Board. The school premise was meticulously prepared to ensure the smooth and fair conduct of the examination. All necessary arrangements were made in advance, including proper seating, display of roll numbers and strict adherence to examination guidelines.

Students were instructed to report well before time, as the examination commenced at 10:30 a.m. On the first day of examination of both the classes, our Respected Director Sir and all the subject teachers reached the venue where the students arrived with a mix of confidence and nervousness. They were seen revising their notes and discussing key concepts with their peers before entering the examination hall. The atmosphere was disciplined and calm, reflecting the vitality of the occasion. The invigilators ensured that all the rules and regulations were followed, maintaining a fair and transparent environment throughout the examination. The school authorities extended their best wishes to all the students for their examinations. Overall, the commencement of CBSE Class X and XII Board Examination was conducted smoothly and successfully, marking an important milestone in the academic journey of the students.

# FAAG UTSAV



Faag Utsav, a vibrant and joyous festival, was celebrated in our school with great enthusiasm and fervour. Marking the arrival of spring and the spirit of festivity associated with Holi, the gathering filled the campus with colours, music and merriment.

The programme began with a brief introduction highlighting the cultural and traditional significance of Faag Utsav. The teachers presented melodious folk songs and energetic dance performances based on the theme of Holi, spreading an atmosphere of jubilation and gaiety. The rhythmic beats of traditional music added to the festive spirit and captivated everyone present there.

Teachers and students alike participated wholeheartedly, making the event animated and dynamic. The jubilee not only brought joy but also emphasized values of unity, harmony, and solidarity. The event concluded on a delightful note, leaving everyone refreshed and filled with festive liveliness.

# VIKSIT RAJASTHAN RUN



As per the order of the District Collector, the “Viksit Rajasthan Run” was organised by the District Administration dated 15<sup>th</sup> March to promote cleanliness in Rajasthan. The venue of the programme was Major Natwarsingh Higher secondary School. Some of the students of our school along with the sports teachers participated in the Marathon that commenced from Major Natwarsingh Higher secondary School till Indira Gandhi Stadium.

# JOHAR TRIBUTE CELEBRATION



In the painting competition organised under this celebration, students of Birla Shiksha Kendra, Chittorgarh namely Deepanshi Taylor, Khushi Taylor, Pranjal Soni, Rida Syed and Tanmay Sharma received Meera prize along with certificates.

# GRADUATION CEREMONY



The Graduation Ceremony was observed in our school with great jubilation and delight. The programme commenced with a warm welcome speech, setting a cheerful tone for the event. This was followed by enchanting performances presented by the students that captivated the audience.

The little graduates looked adorable in their graduation attire and they received their certificates with pride and confidence. It was indeed an emotional and memorable moment for both parents and teachers as they witnessed the young learners taking a significant step forward.

The ceremony concluded with a heartfelt vote of thanks, leaving behind a collection of cherished memories for everyone present.

# FAREWELL OF MAMTA MISHRA MADAM



A warm and emotional farewell ceremony was organized at Birla Shiksha Kendra to honour Mrs. Mamta Mishra on the occasion of the completion of her 30 years of dedicated service to the institution.

The ceremony began with a welcome address highlighting Mrs. Mishra's long association with the school and her invaluable contribution to academic excellence, discipline, and value-based education. Several colleagues shared their experiences and expressed heartfelt gratitude for her guidance, commitment and inspiring personality. The farewell left everyone with cherished memories and deep admiration for her remarkable journey of three decades at Birla Shiksha Kendra.



# ARTICLES

## The Art of Balancing Studies and Fun

In today's fast-paced school life, it is very challenging for students to balance their studies and fun activities. Studies are an important part of our life and they play a major role in deciding our future. However, when students only focus on their studies, they become bored and stressed. Fun activities like sports, hobbies and hanging out with friends help them to relax and live a healthy life.

To balance studies and fun activities, time management is very important. By creating a schedule and setting aside time for studying and other activities, students can become more productive. By giving priority to their important tasks, students can enjoy their free time without any guilt.

It is not a waste of time to participate in fun activities. These activities help students to learn important life skills like creativity, teamwork and communication. By balancing their studies and fun activities, students become more focused, happy and motivated.

In conclusion, balancing studies and fun activities is very important for a successful and fun filled school life. By managing time properly and giving time for relaxation, students can achieve their goals and can make their school life more memorable.

✍ By Divyam Somani (Head Boy)

## You Don't Have to Be Extraordinary to Matter

Every morning you open your phone and someone has already done something great. Someone got higher marks, someone got selected, someone is out there living what feels like the life you were supposed to have. And you start feeling like you are behind. I know that feeling. That low feeling of just not being enough.

Social media shows you the best two minutes of someone's entire year. You are comparing your whole life to that. That is not fair for you.

Think about the days you sat in class and tried, even when nothing was going in. The time you made someone laugh when the mood was just dull. Nobody noticed, nobody said anything. But it still happened and it still mattered.

Most of us are just trying. No one is watching, no one is clapping. And honestly that is not a small thing, that is actually a big thing.

You don't have to top a class or have a perfect plan that mean something.

You are enough. Not when you achieve something but right now, as you are. Enjoy what you are--you are doing something great.

✍ By Satish Kumar Rathi (XI A)

## “Why Motivation Fails when we Need it the Most”

Do you remember the last time when you were motivated and yet the work assigned remained undone? The most probable answer might be yesterday itself. I say this as “the dilemma of being motivated”. When someone is motivated to start something new or do a new hobby or even pending work and gets nothing done, that’s him being stuck in a loop of motivation. He cannot get out of this loop because the motivation he feels is short-run and instead of taking action right away, he wastes his potential on unnecessary planning and organising.

Motivation works pretty well for easy and short tasks, but in long run it fades away and it is the consistency and the discipline of the individual himself/herself which keeps him/her going. It is due to the functioning of the brain. The brain prefers easy rewards or quick dopamine. So, when motivation drops and fades away, the brain delays work and avoids efforts as there is nothing to gain.

But just like a coin has two sides, motivation also has its pros and cons. The perks of motivation are vast and quite rewarding as well. One who is motivated enough and disciplined, can go a long way and in several ways. That’s how we inculcate a new habit. The drawbacks of it are also very dreadful. If a person is only motivated, then he might excel for a short period but sooner or later this will erode.

Furthermore, in support of this, we can take example of Elon Musk. Elon Musk and many others may feel motivated at times, but what makes him successful is that he continues working even when the motivation fades away. On the other hand, many people may feel the same motivation at the start. But during the journey, when it wanes, they delay their work and eventually give up. This is when most people think they have failed, but to be fair this is where people need utmost discipline and consistency in their work. And if done correctly, they may achieve their desired dream as well.

Instead of feeling demotivated due to this, what one should do is take actions immediately rather than trying to organise and plan everything. It is so because during the process if people don’t remain consistent, then later they blame themselves for their lack of motivation and discipline.

It can be concluded with a quote by Pablo Picasso –

“Action is the foundational key to all success.”

Thus, it is action that creates motivation, not the reverse.

## Beating the Burn: Your Guide to Surviving a Heatwave

As summer temperature climb to record-breaking highs, a heatwave isn't just "good pool weather"—it's a serious weather event that requires a bit of strategy to navigate. Whether you're walking to school or hanging out on the weekend, staying cool is about being proactive.

Here is your survival guide to stay safe, hydrated and chilled out when the mercury rises.

**1. Hydration is Your Best Friend** - When it's hot, your body cools itself down through sweat. To keep that "natural AC" running, you need to replace those lost fluids.

**Don't wait for thirst:** If you feel thirsty, you're already slightly dehydrated. Sip water consistently throughout the day.

**Skip the sugar:** Soda and energy drinks can actually dehydrate you further. Stick to water, coconut water or electrolyte-rich drinks.

**Eat your water:** Snacks like watermelon, cucumber, and oranges contains about 90% water and provide a refreshing crunch.

**2. Master the "Indoor Chill"** - Keeping your home or classroom cool. Start with blocking the sun before it hits the glass.

**The Fan Trick:** A fan doesn't cool the air; it cools you by moving air over your skin. For an extra boost, place a bowl of ice in front of the fan to create a DIY misting system.

**3. Dress for the Weather**

Choose natural fabrics like cotton or linen. They are breathable and allow air to reach your skin. Synthetic fabrics like polyester trap heat and sweat.

**Color play:** Light colors reflect sunlight, while dark colors absorb it. Opt for whites, pastel and light grey.

**Loose fits:** Tight clothes restrict airflow. Flowy fits are your friend!

**4. Know the Warning Signs**

❖ Dizziness or light headedness.

Heavy sweating and cold, clammy skin.

❖ Nausea or a rapid, weak pulse.

Muscle cramps.

**Pro-Tip:** If you see these signs, move to a cool area immediately, sip water and use damp clothes to cool the skin.

**5. Shift Your Schedule**

**Early Bird or Night Owl:** Get your outdoor exercise done before 9:00 AM or after 6:00 PM when the rays of sun are less intense.

**Seek the Shade:** If you are outside, stay under trees or awnings as much as possible.

Stay cool, stay hydrated, and look out for one another. Summer is meant to be enjoyed, not just to be endured!

To make my city more cleaner

- One futuristic idea is smart waste bins equipped with sensors that notify authorities when they are full, preventing overflow and unhygienic conditions.
- Another effective approach is a digital cleanliness reward system. Citizens who report littering, practice waste segregation or participate in clean-up activities. They could earn points redeemable for public services or local benefits. This transforms responsibility into motivation.
- AI-based surveillance in high-litter zones can help to identify patterns and discourage repeated negligence without constant manpower. Additionally, promoting zero-waste zones around colleges and markets can drastically reduce daily waste generation.
- Lastly, integrating environmental literacy apps in student's life can track individual contributions and encourage eco-friendly habits.

A cleaner city will emerge when innovation supports discipline and technology strengthens civic ethics.

✍️ **Luvnish Kaur Class: IX B**

Mapping life at molecular level : the Ramachandran legacy .

"Ever wanted how scientist check if a protein structure is correct? Then thanks to an Indian physicist from 1963", the man who gave biology a "rule book" for protein shapes. Ramachandran "Mr. Gopalamudram Narayanan Ramachandran, 1922 -2001, a great man born in Kerala, prodigy in physics, was trained under Nobel laureate CV Raman in crystal physics, then jumped in biology.

He is the physicist who decoded how live's molecules fold. Even AI tools like Alpha fold use it.

This man's efforts help us to understand wound healing, ageing and diseases like scurvy .

Today Pharma companies use his principles to design new medicines.

The plot that changed biology forever is that of Ramachandran plot .

✍️ **Manvi Chaturvedi Class IX C**

**The Science of Screen Time: How blue light from phones affects our sleep cycles and brain chemistry. The modern smartphone acts like a miniature sun in our pockets, but its artificial blue light silently disrupts our ancient biological rhythms. When we use screens at night, this light suppresses melatonin, the hormone responsible for sleep. While increase in cortisol to keep our brains artificially alert, createa a "tired but wired" state that ruins sleep quality and prevents the brain from repairing itself.**

✍️ **Nishita Jain  
Class IX C**

## **THE FUTURE OF SPACE TRAVEL**

For centuries ,we have been looking at stars and wonders if we were alone ;now ,we are getting ready to join . Space is no longer a distant dream found only in movies , but a new frontier where humans will soon live , work and explore beyond Earth . Space tourism companies like SpaceX and Blue Origin are working to make space trips available to common people and not just to astronauts.

- The future of space travel is important because it helps us to find new resources and to understand the origins of our universe.
- For the students today , the sky is no longer the limit . Future of the space travel offers endless possibilities for careers in science , engineering and exploring , making our dreams of living, among the stars, possible.
- In conclusion Future space exploration is transitioning from exploring to permanent settlement and commercialization .

✍ **Preksha Surana**

**IX B**

## **Raj Reddy Artificial Intelligence Pioneer**

He was born on 13 June 1937 in Andhra Pradesh, India. From a small village, he became a well-known scientist through hard work and dedication. He studied engineering in India and later went to the United States for higher education. He completed his PhD from Stanford University and worked at Carnegie Mellon University.

He worked at Carnegie Mellon University, one of the world's top universities.

Raj Reddy is best known for his work in speech recognition, which helps computers to understand human voice. Today, this technology is used in mobile phones and virtual assistance.

In 1994, Raj Reddy received the Turing Award. This award was given to him for his great contribution to artificial intelligence. Raj Reddy's life teaches us that hard work, knowledge and innovation can lead to great success and can change the future. He is truly a pioneer of artificial intelligence and a proud inspiration for India and the world.

✍ **Ayan Mansuri**

**IX C**

## कविता प्रकृति

हरी धरती, नीला गगन ,  
सजता इससे सारा जीवन,  
फूलों की महक, पवन का गान ,  
मन को दे शांति और सुकून,

पेड़ देते छाया हमे,  
फल – फूल लाते खुशी में  
इनसे ही है जीवन सारा,  
ये है अपना सच्चा सहारा

आओ मिलकर ध्यान रखें,  
इसे कभी न नुकसान दें  
प्रकृति को हम प्यार करे,  
इसे हमेशा सुरक्षित रखें ।

नदियां बहती कल – कल धुन में,  
पक्षी गाते मधुर स्वर में,  
प्रकृति का यह उपहार,  
सदा रखें हम इसे संभाल ।

✍ हितांशी चुंडावत

कक्षा- 8 अ

अरावली बचाओ, भारत को हरियाली से सजाओ  
नहीं बचेगी यह अरावली,  
नहीं रहेगी यह अरावली।

अगर काट दोगे, तो बन जाएगा रेगिस्तान  
यह स्वच्छ – सुंदर राजस्थान।

यह वही पहाड़ी है, जिसने हमें धूल से बचाया है,  
यह वही पहाड़ो है, जिसने राजस्थान को रेगिस्तान बनने से  
बचाया है।

अगर होगा इस पहाड़ी पर खनन,  
तो नहीं बचेगा यह कानन।

न रहेगा ऋतुराज में यह फूलों का महकना,  
न रहेगा पतझड़ में यह हवाओं का चंचलाना।  
अगर उठा लिया यह गलत कदम, तो होगा वायु प्रदूषण,  
न रहेंगी ये नदियां और न रहेगा वर्षा चक्र।

फिर न बचेगी यह प्राचीन पहाड़ी,  
फिर न बचेगी यह पूर्वजों की निशानी।

बलिदान प्राचीन लोगों ने दिया,  
एक खेजड़ी पेड़ के वास्ते है इतना,  
तो सोचा है यही हम दे सकते हैं,  
एक पूरी पहाड़ी के लिए कितना।

ना सोचो राजस्थान के बारे में,  
ना सोचो इंसान के बारे में।

परंतु!!

क्या सोचा है उन बेजुबान जीव-जंतुओं के बारे में?  
कहा रहेंगे वो, क्या खाएँगे वो, कैसे रहेंगे वो?  
क्या यह देश कम था, जो तुम इसे काटने चले?  
क्या यह दुनिया कम थी, जो तुम इसे बाँटने चले?  
तो सोच क्या रहे हो? उठो और जगाओ अपना जजूबात।

यही है इस कविता की बात।

✍ रिया माहेश्वरी खुशी टेलर

कक्षा -8अ

कक्षा -8स

## तकनीकी वक्त'

तकनीकी वक्त की ये तेज रफ्तार,  
हर पल बदलता इसका व्यवहार।  
हाथों में दुनिया सिमट आई है,  
पर दिलों में कुछ दूरी छाई है।

मोबाइल की रोशनी में चेहरे चमकते,  
पर आंखों में रिश्ते थोड़े से थमकते।  
क्लिक भर से हर सवाल का जवाब,  
पर बातों में अब कहा वो बात ?

रोबोट, एआई और नई उड़ान,  
हर दिन लिखते प्रगति की पहचान।  
सपनों को देते पंख हजार,  
पर खो न जाए इंसानियत का प्यार।

तकनीक है शक्ति, ये मान भी लो,  
पर इसकी सीमा पहचान भी लो।  
दिल से दिल का रिश्ता न टूटे,  
इस डिजिटल यग में अपनापन न छूटे।

चलो मिलकर संतुलन बनाएँ,  
तकनीक को अपना मित्र बनाएँ।  
ताकि ये वक्त बने सुनहरा कल,  
और मानवता रहे हर पल सफल।  
तकनीकी वक्त की ये तेज रफ्तार,  
हर पल बदलता इसका व्यवहार।

✍ दर्शना जैन

कक्षा 8 ब

## कहानी "यादों का शहर".

शहर का नाम किसी नक्शे में नहीं था, लोग उसे बस "यादों का शहर" कहते थे— एसी जगह जहां जाने का रास्ता किसी को नहीं पता, लेकिन वहां पहुँचने वाले कहते थे कि वे खुद नहीं गए, उन्हें बुलाया गया था। अनाया को भी एक दिन एक अजीब चिट्ठी मिली, जिसमें न कोई भेजने वाला था, न कोई पता, बस लिखा था—“अगर तुम अपनी एक याद वापस पाना चाहती हो, तो आज रात 12 बजे पुराने रेलवे स्टेशन पर आ जाना।” पहले तो उसने इसे मजाक समझा, लेकिन उस रात वह खुद को उसी बंद पड़े स्टेशन के सामने खड़ी पाई, जहां टूटी बेंच, जंग लगी पटरियां और ठंडी हवा एक अजीब सन्नाटा पैदा कर रही थी। जैसे ही घड़ी ने 12 बजाए, बिना आवाज की एक ट्रेन आई और उसके दरवाजे अपने आप खुल गए, और अनाया जैसे किसी अदृश्य खिंचाव से उसमें चढ़ गई। अंदर कोई इंसान नहीं था, सिर्फ सीटों पर रखे काँच के छोटे-छोटे डिब्बे थे, जिनमें अलग-अलग यादें कैद थीं—कहीं कोई बच्चा हँस रहा था, कहीं कोई रो रहा था, तो कहीं कोई विदा ले रहा था। अनाया ने जैसे ही एक डिब्बे को छुआ, वह अपने बचपन में पहुँच गई, जहां वह अपने पापा के साथ बारिश में खेल रही थी, और उसकी आंखें नम हो गईं। “य.....मेरी याद है...” तभी पीछे से एक शांत आवाज आई—“हा,” उसने मुड़कर देखा तो एक लड़की खड़ी थी, जो मुस्कुराते हुए बोली, “मैं इस शहर की रक्षक हूँ और इन यादों की भी।”

अनाया ने पूछा कि य सब यहाँ क्यों है, तो उसने बताया कि लोग अपनी यादें खो देते हैं—कभी दर्द से बचने के लिए, कभी आगे बढ़ने के लिए, और कभी बिना जाने ही—और वे सब यहाँ संभालकर रखी जाती हैं। अनाया को अचानक याद आया कि वह यहाँ क्यों आई है, उसने धीमी आवाज में कहा कि वह अपनी माँ की आखिरी याद लेने आई है। तब रक्षक उसे ट्रेन के आखिरी हिस्से में ले गई जहाँ एक बड़ा काँच का बॉक्स रखा था, जिसके अंदर अस्पताल का एक कमरा था, जहाँ उसकी माँ कमजोर हालत में लेटी हुई थीं और मुस्कुराने की कोशिश कर रही थीं। अनाया घबरा गई और बोली कि वह उस पल को कभी देख नहीं पाई थी क्योंकि वह डरकर भाग गई थी, रक्षक ने कहा कि इसलिए यह याद यहाँ आ गई, और अगर वह चाहे तो इसे वापस ले सकती है, लेकिन उसके साथ उस दर्द को भी महसूस करना होगा। अनाया कुछ देर चुप रही, फिर उसने साहस जुटाया और काँच को छू लिया, और वह उसी पल में पहुँच गई जहाँ उसकी माँ ने उसे देखकर मुस्कुराते हुए कहा, “तू आ गई,” अनाया रो पड़ी और बोली, “माँ, मैं डर गई थी,” तब उसकी माँ ने उसका हाथ पकड़कर कहा, “डरना गलत नहीं होता, भागना गलत होता है,” और पहली बार अनाया ने उस पल को पूरी तरह जी लिया। जब वह वापस ट्रेन में आई तो उसकी आंखों में आँसू थे, लेकिन दिल हल्का था, रक्षक मुस्कुराई और बोली, “अब तुम पूरी हो गई हो,” अनाया ने पूछा कि क्या वह फिर कभी यहाँ आ सकती है, तो उसने कहा, “अगर तुम फिर कभी खुद को खो दो, तो हाँ,” अगली सुबह जब अनाया जागी, तो लोग कहते थे कि वह पुराना स्टेशन तो सालों से बंद है, लेकिन अब वह जानती थी कि कुछ जगहें नक्शों में नहीं होतीं, वे सिर्फ दिल में होती हैं।

यदा यदा हि धर्मस्य ग्लानिर्भवति भारत । अभ्युत्थानमधर्मस्य तदात्मानं सृजाम्यहम् ।  
भावार्थ (विस्तृत अर्थ):

ईश्वर का अवतार: भगवान कृष्ण कहते हैं कि जब-जब धर्म का हास और अधर्म की वृद्धि होती है, तब-तब वे धर्म की पुनर्स्थापना के लिए अवतार लेते हैं ।

✍ गौरव काबरा  
कक्षा -6अ

एवं सततयुक्ता ये भक्तास्त्वां पर्युपासते ।  
ये चाप्यक्षरमव्यक्तं तेषां के योगवित्तमाः ॥

अर्थ:

अर्जुन ने कहा- जो भक्तजन पूर्वोक्त प्रकार से (सगुण-साकार) निरंतर आपके भजन-ध्यान में लगे रहकर आपकी उपासना करते हैं, और जो दूसरे भक्त केवल अविनाशी, निराकार (अव्यक्त) सच्चिदानंदघन ब्रह्म की उपासना करते हैं कृउन दोनों प्रकार के उपासकों में सबसे उत्तम योगवेत्ता (योग का सही ज्ञान रखने वाला) कौन है?

✍ ध्रुवी ओझा  
कक्षा -8 ब

ॐ कृष्णाय वासुदेवाय हरये परमात्मने ।  
प्रणतः क्लेशनाशाय गोविंदाय नमो नमः ॥

अर्थ: जो भगवान श्री कृष्ण वासुदेव के पुत्र हैं, जो हरि रूप में समस्त पापों और क्लेशों का नाश करते हैं, उस परमात्मा गोविन्द को मैं बारंबार नमन (प्रणाम) करता हूँ ।

✍ यवान बोहरा  
कक्षा-8 स

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